



Uttlesford Foodbank provides seven days' worth of food and essentials to those in crisis across Uttlesford. We rely solely on food and donations from members of the public and local organisations.

During COVID-19 we are unable to see clients at our centres but we are delivering food to anyone who needs it within 24hrs. We operate out of Saffron Walden, Dunmow and Stansted.

## EMERGENCY FOOD AND SUPPORT FOR LOCAL PEOPLE IN CRISIS

1 in 5 people in the UK live below the poverty line. That's 13 million people.

People in Uttlesford are going hungry today.

Source: The Joseph Rowntree Foundation

We are part of The Trussell Trust's UK-wide network of foodbanks, working to help the many people affected by poverty and hunger in our society.









## WE NEED YOUR HELP!

Please check out our website or Facebook page to see what we currently need. For financial donations and gift aid please check out "Give Help" on our website: uttlesford.foodbank.org.uk



## DO YOU NEED HELP?

Please call Citizens Advice on 01799 618840 or contact the benefits team at UDC, your doctor, frontline health worker or social worker for a referral.

## PARTNER WITH US

If you work with people who may potentially be in crisis, please contact us and we will help set you up to make referrals via Uttlesford Frontline - a region-wide multi-agency referral system.

The support of local businesses and shops is vital to the running of the Foodbank. From having a collection point to joining our voucher scheme which extends the range of fresh food options available to clients. Please contact us to see how you can help.



For more info please visit uttlesford.foodbank.org.uk





